



**Savitribai Phule Pune University**  
(formerly University of Pune)  
**Department of Sports & Physical Education**



**Master of Physical Education (M.P.Ed.)**

**Academic Session 2026 Dissertation Completed Students List**

Sr. No.	Name of the Student	Name of the Research Guide	Year	Research Topic
०१.	श्री. आवळे संकेत शामराव	डॉ. दादासाहेब ढेंगळे	२०२६	"आंतरराष्ट्रीय स्तरावरील वरिष्ठ रोल बॉल खेळांडूच्या मानसिक घटकांचा विश्लेषणात्मक अभ्यास"
०२.	कु. चौधरी तनया दिपक	डॉ. दादासाहेब ढेंगळे	२०२६	"राष्ट्रीय स्तरावरील ज्युडो खेळांडूच्या मानसशास्त्रीय घटकांचा आणि शारीरिक क्षमतेचा सर्वेक्षणात्मक अभ्यास"
०३.	श्री. देवरे प्रतिक साहेबराव	डॉ. सुमन पांडे महादेवन	२०२६	"नाशिक शहरातील वरिष्ठ गट पुरुष टेनिस बॉल आणि लेदर बॉल क्रिकेट खेळातील फलंदाज खेळाडू यांच्या आक्रमकतेचा तुलनात्मक अभ्यास"
०४.	श्री. गावंडे अनिकेत अंबादास	डॉ. विष्णू पेठकर	२०२६	"क्रीडा महोत्सव स्पर्धेतील अंतिम फेरी साठी पात्र झालेले व अंतिम फेरीसाठी पात्र न झालेल्या पुरुष व महिला कबड्डी खेळांडूंच्या स्पर्धेपूर्वीच्या चिंतेचा तुलनात्मक अभ्यास"
०५.	कु. गावंडे समिक्षा दिपक	डॉ. सुमन पांडे महादेवन	२०२६	"राज्यस्तरीय ज्युडो स्पर्धेतील १७ वर्षाखालील मुले व मुली खेळांडूंच्या स्पर्धेपूर्वीच्या चिंतेचा तुलनात्मक अभ्यास"
०६.	श्री. खोपडे गौरव चंद्रशेखर	डॉ. विष्णू पेठकर	२०२६	"गिर्यारोहण करणाऱ्या आणि गिर्यारोहण न करणाऱ्या आय.टी. क्षेत्रातील कर्मचाऱ्यांच्या नोकरीतील बर्नआउटचा तुलनात्मक अभ्यास"
०७.	कु. कुपटे सायली बाळाराम	डॉ. सुमन पांडे महादेवन	२०२६	"सावित्रीबाई फुले पुणे विद्यापीठातील आंतरविभागीय अथलेटिक्स स्पर्धेतील नवोदित व अनुभवी खेळांडूंच्या स्व-कार्यक्षमतेचा तुलनात्मक अभ्यास"



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०८.	श्री. नर्के ओंकार सुनिल	डॉ. विष्णू पेठकर	२०२६	"महाराष्ट्र राज्यातील राज्यस्तरीय वरिष्ठ पुरुष नेटबॉल स्पर्धेमधील आक्रमक व संरक्षण रेषेवरील खेळाडूंच्या आक्रमकतेचा तुलनात्मक अभ्यास"
०९.	कु. पराडके नरता सारंग्या	डॉ. दादासाहेब ढेंगळे	२०२६	"नंदुरबार जिल्ह्यातील महिला धावपटूंच्या शारीरिक क्षमता आणि मानसिक घटक यांचा सर्वेक्षणात्मक अभ्यास"
१०.	श्री. पाटील ओंकार शरद	डॉ. विष्णू पेठकर	२०२६	"१७ व १९ वर्षांखालील यशस्वी आणि अयशस्वी पुरुष कबड्डी खेळाडूंच्या मानसिक कणखरतेचा तुलनात्मक अभ्यास"
११.	कु. पाटील शामल क्रिश्नाथ	डॉ. सुमन पांडे महादेवन	२०२६	"महाराष्ट्रातील राज्यस्तरीय १९ वर्षांखालील यशस्वी आणि अयशस्वी पुरुष कबड्डी खेळाडूंच्या आक्रमकतेचा तुलनात्मक अभ्यास"
१२.	कु. पवार गायत्री नानाजी	डॉ. दादासाहेब ढेंगळे	२०२६	"इनडोअर व आऊटडोअर जिममध्ये व्यायाम करणाऱ्या व्यक्तींच्या व्यायाम प्रेरणा व शारीरिक स्व-संकल्पना घटकांचा तुलनात्मक अभ्यास"
१३.	कु. पावरा सोनिया गीलदार	डॉ. विष्णू पेठकर	२०२६	"महाविद्यालयीन खेळाडू विद्यार्थी आणि न खेळणारे विद्यार्थ्यांच्या भावनिक बुद्धिमत्तेचा तुलनात्मक अभ्यास"
१४.	श्री. राठोड निरज बाबुसिंग	डॉ. अभिजित कदम	२०२६	"राज्यस्तरीय पुरुष मल्लखांब खेळाडूंचा आत्मविश्वास आणि क्रीडा कामगिरी यांचा सहसंबंधात्मक अभ्यास"



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१५.	कु. शिळीमकर आरती मोहन	डॉ. विष्णू पेठकर	२०२६	"पुणे जिल्ह्यातील क्लब मध्ये खेळणारे आणि क्लब मध्ये न खेळणारे खो-खो खेळाडू यांच्या स्व-कार्यक्षमतेचा तुलनात्मक अभ्यास"
१६.	श्री. शिंदे श्रीकृष्णा मोहन	डॉ. सुमन पांडे महादेवन	२०२६	"इंदापूरमधील १७ वर्षांखालील तालुकास्तरीय मुले कबड्डी खेळामधील यशस्वी आणि अयशस्वी खेळाडूंच्या स्व-कार्यक्षमतेचा तुलनात्मक अभ्यास"
17.	Mr. Abhisek Kumar Yadav	Dr. Vishnu Pethkar	2026	"A Correlational Study of Pre Competition Anxiety and Sport Confidence of U-16 Male Cricket Players in MCA Invitation Tournament"
18.	Mr. Ankush Abhishek	Dr. Suman Pandey Mahadevan	2026	"Effect of HIIT Training on Body Fat Percentage and Visceral Fat among IT Employees"
19.	Mr. Ashangar Deepak Suraj	Dr. Abhijeet Kadam	2026	"Effect of 10 Weeks Interval Training on Functional Threshold Power and Power to Weight Ratio among Intercollegiate Goan Male Cyclists"
20.	Ms. Bagul Sudeshana Madhav	Dr. Vishnu Pethkar	2026	"An Analytical Study of Screen Time and The Sleep Quality Based on Physical Activity Level of PG Students from Savitribai Phule Pune University"
21.	Mr. Bhaskar Amol Haridas	Dr. Suman Pandey Mahadevan	2026	"A Comparative Study of Aggression between Beginners and Experienced Male Taekwondo Players from Pune City"



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22.	Mr. Chandan Kashyap	Dr. Abhijeet Kadam	2026	"A Comparative Study of Sleep Quality between Sports Person and Non-Sports Person from Pune City"
23.	Mr. Debasish Gautam	Dr. Vishnu Pethkar	2026	"A Comparative Study of Body Composition, Sleep Quality and Its Components among Morning and Evening Gym Going Male Adults from Pune"
24.	Ms. Deshmukh Aakanksha Harish	Dr. Abhijeet Kadam	2026	"Effect of Mental Skills Training Program on Mental Toughness and Pre-Competition Anxiety of Male MMA Featherweight Fighters from Pune"
25.	Mr. Fernandes Jeson Myron	Dr. Dadasaheb Dhengale	2026	"A Correlational Study between Personality Traits and Robustness of Self-Confidence among Male Football Players Aged 18-25 Years from Goa"
26.	Mr. Jangle Pankaj Onkar	Dr. Abhijeet Kadam	2026	"A Comparative Study of Self-Confidence between Raiders and Defenders of U-19 Boys State Level Kabaddi Players from Vidarbha"
27.	Ms. Joshi Vaishnavi Yateendra	Dr. Dadasaheb Dhengale	2026	"Relationship between Sleep Quality, Stress and Fatigue among Students Pursuing a Professional Degree in Physical Education from Pune City"
28.	Mr. Nalawade Om Suresh	Dr. Abhijeet Kadam	2026	"Relationship between Sleep Quality and Percieved Stress among Competative Asperent Based on Physical Activity Level"



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29.	Mr. Navghare Ganesh Atmaram	Dr. Suman Pandey Mahadevan	2026	"A Comparative Study General Fear of Failure among Team Sports and Individual Sports Athletes from Amravati"
30.	Mr. Pandharam Sandesh Hemraj	Dr. Abhijeet Kadam	2026	"Effect of Plyometrics Training Program on Motor Fitness of Under-17 Badminton Players"
31.	Mr. Patil Vaibhav Avinash	Dr. Abhijeet Kadam	2026	"A Comparative Study of Food Habits and Body Fat Percentage among Residential and Non-Residential School Students from Kolhapur"
32.	Ms. Priyanka Mishra	Dr. Suman Pandey Mahadevan	2026	"Comparative Study of Mental Toughness among U-17 Female Sports Person and Female Non-Sports Person"
33.	Mr. Rahul Sinha	Dr. Dadasaheb Dhengale	2026	"A Correlational Study between Trait Anxiety and Sports Motivation among Male U-19 Football Players from Goa"
34.	Ms. Rathod Ashu Damdulal	Dr. Vishnu Pethkar	2026	"A Comparative Study of Decision-Making Ability among Successful and Unsuccessful State Level Female Kabaddi Players"
35.	Mr. Rathod Krushna Shravan	Dr. Suman Pandey Mahadevan	2026	"A Comparative Study of Body Composition, Sleep Quality and Stress Level between Hostel and Day Scholar Students of Savitribai Phule Pune University"



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36.	Mr. Sachin Singh	Dr. Dadasaheb Dhengale	2026	"A Correlational Study of Trait Anxiety, Mental Toughness and Physical Fitness among U-17 Male Football Players from Pune District"
37.	Mr. Sahid Rahman	Dr. Vishnu Pethkar	2026	"Study of Sports Injuries among Male Cricketers from Maharashtra"
38.	Ms. Sanchika Bharti	Dr. Abhijeet Kadam	2026	"A Comparative Study of Pre-Competition Anxiety between Track Event Athletes and Field Event Athletes of Jharkhand"
39.	Ms. Sharma Payal Dilip	Dr. Dadasaheb Dhengale	2026	"Study of Relationship between Menal Health, Motivation and Daily Lifestyle among Volleyball Players from Pune City"
40.	Mr. Shirsale Gaurav Bhanudas	Dr. Abhijeet Kadam	2026	"Relationship between Sports Competition Anxiety and Sports Aggression among Handball Players from Maharashtra"
41.	Mr. Shukla Shubham Ashwanikumar	Dr. Dadasaheb Dhengale	2026	"A Comparative Study of Self-Confidence among Male Under-19 Cricket Players of Professional Cricket Clubs from Pune Based on their Batting Order"
42.	Mr. Tejesh Mahesh Gawas	Dr. Vishnu Pethkar	2026	"Relationship between Regulation of Exercise Behaviour and Motives for Physical Activity among Adults from Savitribai Phule Pune University"



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43.	Ms. Uppalwar Shivnandini Rajendra	Dr. Suman Pandey Mahadevan	2026	"Relationship between Screen Time, Physical Activity and Multidimensional Fatigue among School Going Children from Pune City"
44.	Mr. Vishram Alias Sahil Saulo Palienkar	Dr. Abhijeet Kadam	2026	"A Comparative Study on Physical Activity Level and Eating Habit of Rural & Urban Area Adolescent Students from Goa"
45.	Mr. Jadhav Shridhar Bapuji	Dr. Dadasaheb Dhengale	2026	"A Comparative Study of Badminton Skills between U-17 Boys and Girls from Pune City"
46.	Mr. Shubham Singh	Dr. Vishnu Pethkar	2026	"A Comparative Study of Mental Well-being between Physically Active and Sedentary Students from Pune University"
47.	Mr. Bawne Dhiraj Balasaheb	Dr. Suman Pandey Mahadevan	2026	"Relationship between Quality of Working Life and General Well-being among Police Officers from Maharashtra"